

Mind Body Zone
200 hour Teacher Training/ In-Depth Yoga Studies
Program Registration Application
September 2025-June 2026

For MBZ use only:		
Date Received:	_____	
\$200 deposit:	_____	
Tuition: EB \$2200	_____	Reg \$2400 _____
pay \$875	_____	\$875 _____ \$875 _____

Name: _____

Address: _____

City: _____ St: _____ Zip: _____

Telephone (h/w/c) _____ h/w/c _____

Email: _____

1. How long have you been practicing Hatha Yoga? _____

2. What types/traditions of Yoga have you practiced before? _____

3. Describe your yoga teaching experience (if any): _____

4. What do you wish gain from attending this Program? _____

5. Are you taking this program to receive your certification to teach? Yes No Maybe

6. Do you foresee any circumstances where you would miss a Training Session? If so, please explain: _____

7. How has yoga impacted your life? _____

8. How did you hear about the MBZ Teacher Training Program? _____

9. Refund policy: I understand that there are no refunds after Sept. 26, 2025. Prior to 9/26/25 tuition payment can be refunded, minus a 10% service charge and no refunds are made on the application deposit. Initial here _____

10. Certification policy: I understand I must attend all teacher training sessions; and successful and on-time completion for assignments, quizzes, exams and practical applications are also requirements for Teacher Training Certification. Initial here. _____

11. I understand that the materials (handouts, photographs, audio recordings, etc) distributed and generated during Teacher Training are for my personal use only. Photocopying, distribution, re-creating or posting the material in any form or manner is strictly prohibited. Initial here _____

12. Additional comments or concerns: